

FORT GEORGE COMMUNITY SERVICES, INC.



ANNUAL REPORT 2019

The Fort George Mission

To provide a quality, comprehensive, family focused child development program to eligible children and their families in Washington Heights and Morrisania section of the Bronx.

To maintain high standards of developmentally appropriate early childhood education and to empower families to enhance their sense of self esteem and effectiveness by providing opportunities for shared decision making.



Photo taken by Nicole, Class E, age 5,
2019 STEM / Photography project.

Message from the Executive Director/ CEO



Photo by Emily Rodriguez, age 4,
STEM/Photography Project.

*"Go confidently in
the direction of your
dreams! Live the life
you've imagined."*

- Henry David Thoreau

The year 2019 brought about a monumental change to our Agency. We applied for a direct grant from the Office of Head Start (OHS) when New York City's Grantee went into Destination Renewal (DRS). We were awarded 250 Head Start and Early Head Start Children serving the communities of Washington Heights, Hamilton Height and West Harlem. This award allowed Fort George Community Services, Inc. to become a grantee agency of the OHS, after 38 years as a Delegate Agency of the City of New York. We are very humble by this achievement. At the same time we acknowledge our 38 year relationship as a Head Start Delegate, we honor this long relationship, serving the children of Northern Washington Heights.

In this 2019 Annual Report you will see that:

489 St. Paul's Place:

- We continue to provide Early Head Start Child Care Partnership services in 15 Family Day Care Provider Homes in our Bronx location with one Early Head Start Classroom.
- We continue to provide 3K and UPK services in two Classrooms.

Northern Manhattan I

- At this location we provide Early Head Start Family Day Care Services in 9 provider's homes.
- We provide Head Start services in 3 Head Start Classrooms.

Northern Manhattan II

- This is our original location and with the new award we now serve Head Start children in 10 classrooms.
- We were also awarded an Early Head start Home Base option serving 0-3 year old children in their home setting.

We continue to support values of the communities we serve and the values we established over 38 years ago as they have contributed to our ongoing success. My sincere thanks to our Board of Directors, Policy Council, Parents and Staff for making this a great annual year. Also a special thank you to all of our partners throughout the communities we serve. It really takes a Village!

Regards,
Carolyn L. Wiggins
Executive Director/CEO

Historical Statement from the Board of Directors

The Fort George Community Enrichment Center, Inc. was founded and incorporated in 1981 for the purpose of establishing, maintaining, and operating programs in education, employment, training, economic development, housing, health and social welfare. These programs were designed to strengthen the growth and development of individuals and families in the Washington Heights Area.

The organization was formed by community residents who were concerned with the provision of comprehensive services to lower-income families with preschool children and following them through the early years of elementary school.

The ethnic make-up of the Agency's population consists of Hispanic, Black, Asian and Caucasian families. The composition of the Board of Directors reflects this multicultural community.

The 2018 school year brought about changes to the Agency. For the past 36 years the Agency was known as Fort George Community Enrichment Center, Inc. After strategic planning the Agency decided that an organizational name change was needed to reflect the Agency's true mission. In December 2018 our name change was officially granted by the Secretary of New York State. We are now officially Fort George Community Services, Inc. This change reflects our mission to provide comprehensive services in Early Education, Community Health Education and Closing the Achievement Gap.

In line with this, we have expanded our service area to include Washington Heights, West Harlem and Hamilton Heights in Manhattan and Morrisania in the Bronx which are evolving communities of growth. The areas are transitional in the sense that there is a relatively high in-and-out migration. Many young families in need of various types of social and health services comprise these neighborhoods.

Initially, the agency started the operation of our Head Start program with 94 children in Washington Heights, as a Head Start Delegate of New York City in 1981. In 1997 we received our first UPK direct contract from the New York City Department of Education. In 2014 the Agency opened its first UPK site in the Bronx. In 2015 the Agency was one of sixteen programs in the State of New York awarded the first Early Head Start Child Care Partnership Grant from the Office of Head Start under President Barack Obama's administration. In 2018 we received our second Head Start/Early Head Start award as a Grantee from the Office of Head Start.

As of this year 2019, the program has three sites in Washington Heights with additional nine family day care homes serving Washington Heights, West Harlem and Hamilton Heights. One center base site serves EHS, UPK, Three-K, and fifteen family day care homes in the Bronx. Fort George Community Services, Inc. provides quality comprehensive early childhood services to approximately 450 children, ages 0-5, and their families.



The first site is located at 1525 St. Nicholas Avenue, and has a licensed capacity for 125 children. This site houses the Administration offices of the agency. The second site is located at 601 West 186th Street and has a licensed capacity of 51 children. Our third site in the Bronx at 489 St. Paul's Place zip code 10456 serves 8 toddlers in a center base classroom and 64 infants and toddlers in 15 family providers' homes. The site also serves 36 children through a DOE contract for 3K and UPK.

The fourth site located at 4467 Broadway has a licensed capacity of 96 children, and nine family daycare homes located in zip codes 10027, 10032, 10033, 10034, 10040 with capacity to serve 50 children.

Funding for all Early Head Start and Head Start is currently provided by the Administration for Children and Families/ Health & Human Services Office of Head Start (ACF/HHS/ OHS) as a Head Start, Early Head Start and an Early Head Start Child Care Partnership Grantee.



We continue to support the values that we established for ourselves over 38 years ago as they have clearly contributed to our ongoing success. We thank the staff and the parents for making this a great school year.

Sincerely,

The Officers

Ruth Rudder, Chair
Winifred Richman, Treasurer
John Phelan Esq., Secretary

The Members

Diana Douglas, MS.ed
Gary King, MS.ed
Megan Silander, Ph.d
Kira Mineroff, Esq. , Pro Bono
Walter Frye, MBA, CPA,
Fiscal Consultant



General Highlights 2019

Our Partners

NewYork-Presbyterian

Performer Providing System



NewYork-Presbyterian

CHALK



COLUMBIA COLLEGE OF DENTAL MEDICINE



Our Accomplishments

- Received a Grant Award from Office of Head Start of approximately \$3.5 Million for 250 Children.
- We continued our partnership with New York Presbyterian Hospital WIN for HEALTH Childhood Asthma Network. As a result of this partnership we have three community health workers.
 - An Early Childhood pilot program in collaboration with New York Presbyterian's Choosing Healthy & Active Life-styles for Kids™ (CHALK).



By Jake, Class E

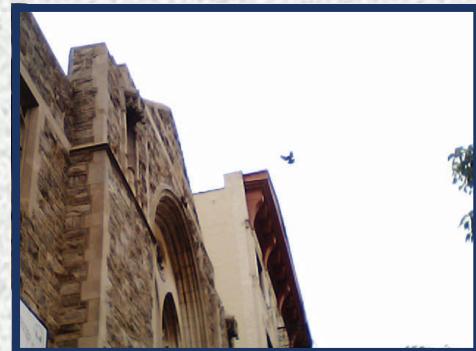


By Skylie, Class F

(Continued on page 7)

Accomplishments ...

- New York Presbyterian Community Navigation Program.
- New York Presbyterian Ambulatory Care Network partnership provides the opportunity for first year medical residents in the program to participate in our Early Literacy Program by reading to our students.
- Partnership with South Bronx Rising.



By Robert, Class F



By Jazlyn, Class F

- Collaboration with the New York City Children's Cabinet.
- Received Holiday gifts: Office of Government and Community Affairs, Columbia University.
- Member of the National Head Start Association.

- National Head Start Association—State Leadership Team.
- Member of the New York State Head Start Association (The Executive Director is the President).
- DISCRIP/NYP community health workers that provide services to families with children that have multiple chronic health issues.
- PEACE Program—Mental Health Services for Parent and Child.



By Khaseem, Class 1

All the photos on pages 6 & 7 were taken by the children in the STEM / Children with Cameras Project

The Fort George Head Start, Early Head Start, Early Head Start Childcare partnerships, 3-K, and Universal Pre-Kindergarten Program Provide:

Education

- Emergent literacy, numeracy, and language skills
- Positive attitudes toward learning
- Developmentally appropriate educational environments
- Link families to educational agencies to obtain needed services

Health & Nutrition

- Assures that our children receive needed medical, dental and mental health services
- Meals and snacks to our children that meets their daily nutritional needs
- Link families to health care services to obtain needed services

Parent Engagement

- Provides parents the opportunity to improve their parenting skills
- Parents are involved actively in the decision about program operations

Disabilities/Mental Health

- Provide individualized services for children with disabilities
- Strengthen children's social behavior and emotional well-being and self concept

Human Resources

- Employ qualified staff
- Provide staff development and training
- Comply with Head Start regulations.

Children and Families Served and Average Enrollment

Site	Funded	Enrollment	Average Enrollment
Northern Manhattan I HS	50	48	96%
Northern Manhattan I EHS/FCC	50	50	100%
Northern Manhattan II HS	170	168	99%
Northern Manhattan II HB	80	40	50%
St. Paul's EHSCCP	64	64	100%
St. Paul's EHS	8	8	100%

2019 Children Diagnosed with a Disability and Receiving Services

Location	Individual Education Plan (IEP)	Individual Family Service Plan (IFSP)
Washington Heights	23	—
Bronx	—	3

2019 Percentage of Children Enrolled Receiving Medical and Dental Exams

Program	Medical	Dental
Head Start	100%	100%
Early Head Start	100%	90% (12 months and older)
UPK	100%	100%



Fort George meets with Congressman Adriano Espaillat at his Washington DC office.

"We continue to support values of the communities we serve and the values we established over 38 years ago ..."

- Carolyn L. Wiggins
Executive Director / CEO



Classroom at the new 4467 Broadway site.



Office of Government and Community Affairs,
Columbia University Irving Medical Center.



Fort George presented with a Healthy Partners Certificate.



STEM / Children with Cameras Project.

Teaching Strategies Gold 2nd Quarter – Winter 2020
Widely Held Expectations

Profile of Children UPK : Bronx

Developmental Areas	Below		Meeting		Exceeding	
	Count	%	Count	%	Count	%
Social Emotional	0	0%	17	100%	0	0%
Physical	0	0%	17	100%	0	0%
Language	0	0%	17	100%	0	0%
Cognitive	0	0%	17	100%	0	0%
Literacy	0	0%	17	100%	0	0%
Mathematics	0	0%	16	94.12%	1	5.88%
Spanish Language	0	0%	0	0%	0	0%
Spanish Literacy	0	0%	0	0%	0	0%

Classroom Profile of Children Early Head Start: Bronx

Developmental Areas	Below		Meeting		Exceeding	
	Count	%	Count	%	Count	%
Social Emotional	2	40%	3	60%	0	0%
Physical	4	80%	0	0%	1	20%
Language	4	80%	1	20%	0	0%
Cognitive	1	20%	4	80%	0	0%
Literacy	0	0%	3	60%	0	0%
Mathematics	1	20%	3	60%	1	20%
Spanish Language	0	0%	0	0%	0	0%
Spanish Literacy	0	0%	0	0%	0	0%

Profile of Children Early Head Start CCP: Bronx

Development Areas	Below		Meeting		Exceeding	
	Count	%	Count	%	Count	%
Social Emotional	2	18.18%	9	81.82%	0	0%
Physical	5	45.45%	5	45.45%	1	9.09%
Language	6	54.55%	5	45.45%	0	0%
Cognitive	1	9.09%	10	90.91%	0	0%
Literacy	0	0%	9	81.82%	2	18.18%
Mathematics	1	9.09%	9	81.82%	1	9.09%
Spanish Language	0	0%	0	0%	0	0%
Spanish Literacy	0	0%	0	0%	0	0%

Teaching Strategies Gold 2nd Quarter – Winter 2020
Kindergarten Readiness

Fort George Head Start : 3-yr old Children

		Social & Emotional Development			Approaches to Learning			Language & Literacy			Cognition & General Knowledge			Physical & Development Health		
Center	No. of Children with Data	Below	Met	Mastery	Below	Met	Mastery	Below	Met	Mastery	Below	Met	Mastery	Below	Met	Mastery
Class B	3	0%	0%	100%	33%	0%	67%	67%	0%	33%	67%	0%	33%	0%	67%	33%
Class C	14	0%	29%	71%	29%	21%	50%	21%	43%	36%	29%	36%	36%	7%	29%	64%
Class D	1	0%	0%	100%	0%	0%	100%	0%	0%	100%	0%	0%	100%	0%	0%	100%
Class F	1	0%	0%	100%	0%	0%	100%	0%	100%	0%	0%	0%	100%	0%	100%	0%
Class G	15	13%	53%	33%	20%	33%	47%	7%	20%	73%	20%	47%	33%	0%	93%	7%
Site Two Total	34	6%	35%	59%	24%	24%	53%	18%	29%	53%	26%	35%	38%	3%	62%	35%
Class 1	15	13%	20%	67%	20%	13%	67%	40%	33%	27%	67%	20%	13%	7%	20%	73%
Class 2	15	13%	60%	27%	67%	27%	7%	13%	47%	40%	33%	60%	7%	0%	100%	0%
Class 3	14	0%	14%	86%	21%	0%	79%	7%	43%	50%	7%	50%	43%	0%	14%	86%
Site One Total	44	9%	32%	59%	36%	14%	50%	20%	41%	39%	36%	43%	20%	2%	45%	52%
Program Total	78	8%	33%	59%	31%	18%	51%	19%	36%	45%	32%	40%	28%	3%	53%	45%

Fort George Head Start : Transitioning Children

		Social & Emotional Development			Approaches to Learning			Language & Literacy			Cognition & General Knowledge			Physical & Development Health		
Center	No. of Children with Data	Below	Met	Mastery	Below	Met	Mastery	Below	Met	Mastery	Below	Met	Mastery	Below	Met	Mastery
Class A	18	67%	33%	0%	33%	28%	39%	0%	6%	94%	6%	6%	89%	11%	67%	22%
Class B	16	75%	25%	0%	0%	100%	0%	0%	13%	88%	19%	0%	81%	25%	75%	0%
Class D	11	82%	18%	0%	0%	9%	91%	0%	0%	100%	9%	0%	91%	9%	0%	91%
Class E	19	79%	21%	0%	26%	42%	32%	0%	0%	100%	0%	5%	95%	63%	37%	0%
Class F	19	89%	11%	0%	5%	74%	21%	0%	5%	95%	5%	5%	89%	24%	39%	37%
Site One Total	83	78%	22%	0%	14%	53%	33%	0%	5%	95%	7%	4%	89%	24%	39%	37%
Program Total	83	78%	22%	0%	14%	53%	33%	0%	5%	95%	7%	4%	89%	24%	39%	37%

Family and Community Partnerships - Family Services

Types of Family Services	Number of Families with an expressed <u>interest</u> or identified <u>need</u> during the program year				Number of Families that received the following services during the program year			
	Head Start NMI	Early Head Start NMI	Head Start NMII	Early Head Start CCP	Head Start NMI	Early Head Start NMI	Head Start NMII	Early Head Start CCP
Emergency crisis intervention such as meeting immediate needs for food, clothing, or shelter	0	0	1	0	0	0	1	0
Housing assistance such as subsidies, utilities, repairs, etc.	0	0	2	13	0	0	2	11
Menial health services	31	0	2	0	31	0	2	0
English as a Second Language (ESL) training	1	1	7	2	1	1	5	2
Adult education such as GED programs and college selection	0	0	2	33	0	0	1	15
Job training	0	1	2	18	0	1	1	12
Substance abuse prevention	0	0	0	0	0	0	0	0
Substance abuse treatment	0	0	0	0	0	0	0	0
Child abuse and neglect services	0	0	0	0	0	0	0	0
Domestic violence services	0	0	1	0	0	0	1	0
Child support assistance	0	0	0	3	0	0	0	3
Health education	31	1	4	11	31	1	3	9
Assistance to families of incarcerated individuals	0	0	0	0	0	0	0	0
Parenting education	0	0	125	38	0	0	120	38
Relationship/marriage education	0	0	0	0	0	0	0	0
Asset building services (such as financial education, opening savings and checking accounts, debt counseling, etc.)	0	0	1	0	0	0	1	0
Of these, the number of families who were counted in at least one of the services listed above	31	3	147	62	31	3	137	62

Fort George Head Start School-Readiness Summary List

HEAD START

Social Emotional

1. Children will interact with peers, cooperating and solving social problems.
2. Children will develop self-regulation

Approaches to Learning & Play

3. Children will engage in play and other activities with purpose, persistence, attention and curiosity.
4. Children will engage in sophisticated socio-dramatic play.

Language & Literacy

5. Children will understand and respond to oral questions and directions.
6. Children will use strong and varied vocabulary and will participate in conversations.
7. Children who speak a home language other than English will progress in their ability to understand and use English.
8. Children will demonstrate interest in books, comprehension of texts and ability to retell favorite stories.
9. Children will hear and manipulate the sounds in oral language, noticing similarities and differences.
10. Children will know many letter names and sounds.
11. Children will understand the function of print and some print concepts, and will use early writing to communicate.
12. For Dual Language Learners, children will exhibit appropriate English skills necessary to understanding language and to use language effectively in various settings and for various purpose.

Math & Science

13. Children will use counting and numerical representation in their activities, especially to solve problems.
14. Children will demonstrate knowledge of shapes and their properties.
15. Children will demonstrate understanding of patterns.
16. Children will classify, sort and compare objects based on different attributes.
17. Children will measure and compare objects based on length, weight, etc.
18. Children will engage in scientific inquiry.

Social Studies

19. Children will demonstrate an understanding of one's relationship to the family and the community, roles in the family and community and will demonstrate respect for diversity.

The Arts

20. Children will explore music, movement, dance, drama and the visual arts.

Physical

21. Children will maintain physical health, age-appropriate physical development and fine/gross motor skills.

City-Wide learning Goals are Bolded

EARLY HEAD START

Social-Emotional Development & Approaches to learning

1. Children will develop and maintain positive relationships with peers and familiar adults
2. Children will demonstrate *self-regulation*, including an understanding of rules and independence in executing most daily classroom and self-care routines.
3. Children will demonstrate a positive *self concept* through identification with their family, culture, peers and familiar adults.
4. Children will initiate and engage in play, discovery and the arts with increasing *purpose, persistence attention and curiosity*.

Cognitive & General Knowledge

5. Children will use all senses to investigate, problem solve, compare attributes and form individual understandings of the *natural and physical world*.
6. Children will demonstrate an increasing ability to connect new and known experiences and concepts.
7. Children will demonstrate an age-appropriate interest in *numbers and counting* during daily experiences and routines.

Language & Literacy (in home language and English)

8. Children will understand and respond to simple oral questions and directions.
9. Children will communicate using expanding language skills and vocabulary to express their needs, ideas and desires and to participate in conversations.
10. Children will demonstrate interest in books and a general comprehension of text/illustrations.
11. Children will demonstrate interest in *early writing and reading*, including an age-appropriate understanding of the function of print and graphic/symbolic representations.
12. Children who speak a home language other than English will progress in their ability to understand and use both languages.

Physical Development & Health

13. Children will maintain *physical health* and develop *healthy habits* related to eating and personal care.
14. Children will demonstrate age-appropriate *gross motor skills* and progress in their ability to control their bodies for movement /rhythm, navigation and balance.
15. Children will demonstrate age-appropriate *fine motor skills*.

Fort George Community Services, Inc. (FGCS)

Financial Statements / Fiscal Year 2019

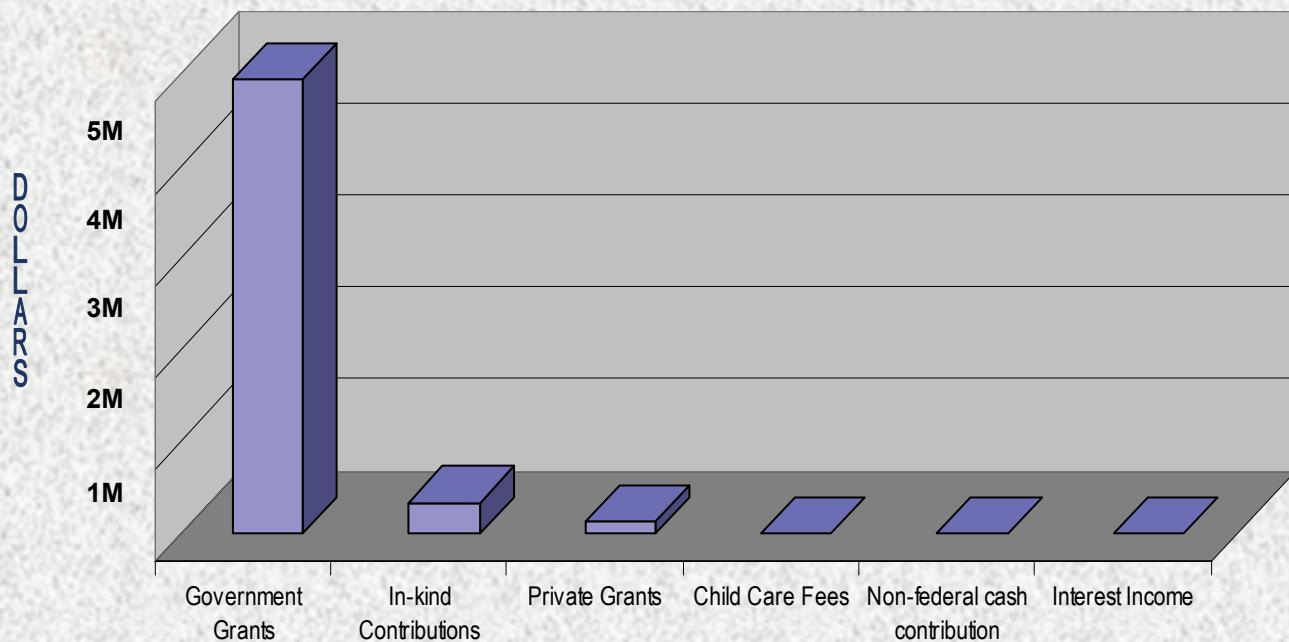
Statements of Revenue, Expenses, and Fund Balance

Revenues	Fiscal Year 2019
Government Grants	4,947,127
Private Grants	133,662
Parent Fees—Child care	378
In-kind contributions	341,620
Non-federal cash contribution	13
Interest income	120
Total Revenues	5,422,920

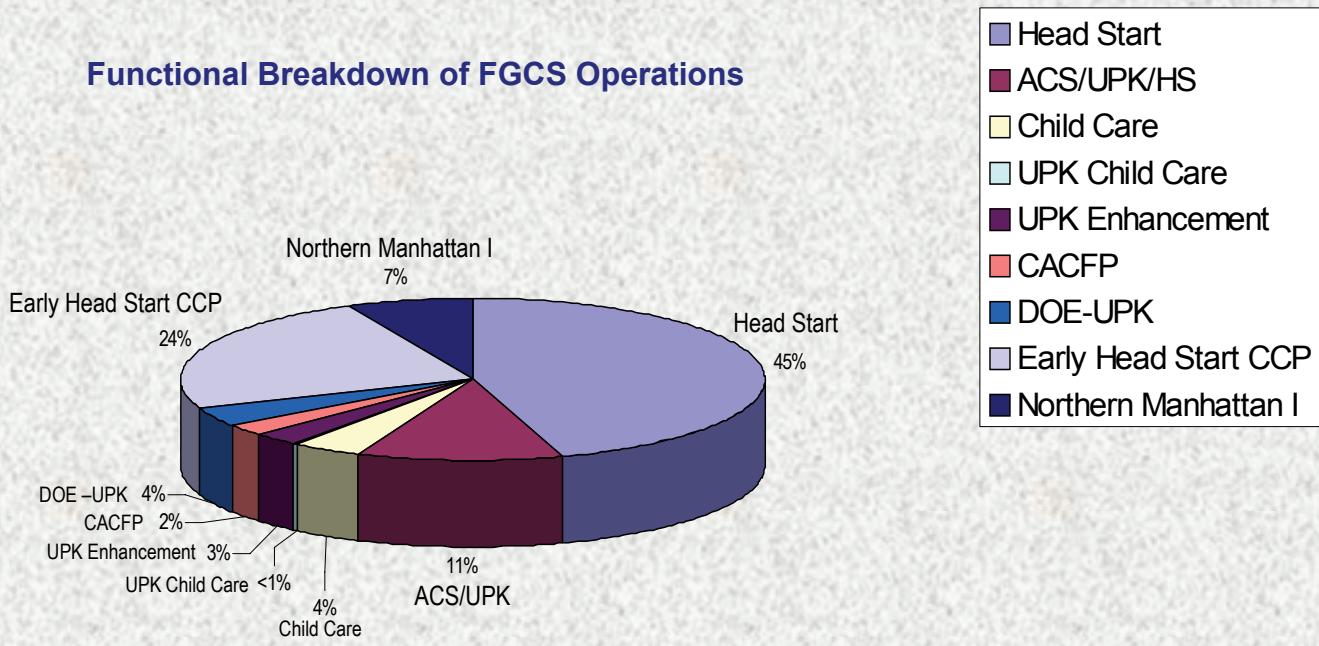
Expenses	Fiscal Year 2019
Early childhood education programs:	
Head Start Program	2,398,272
ACS/Universal Pre-Kindergarten (ACS-UPK-HS)	604,728
Child Care	203,614
UPK Child Care	7,970
UPK Enhancement	133,504
Food program: Child and Adult Care Food Program (CACFP)	120,990
Department of Education - UPK	207,589
Early Head Start CCP	1,268,748
Northern Manhattan I	369,976
Community Partnerships	130,533
Total Expenses	5,445,924
Changes in Net Assets	(23,004)
Net Assets, Beginning of Year	351,259
Net Assets, End of Year	328,255

Note: The Financial Statement presented for the Fiscal Year 2019 is unaudited. Final adjustments will be made during the course of the audit conducted by Watson Rice, LLP.

Funding Sources for FGCS



Functional Breakdown of FGCS Operations





Executive Staff

Carolyn L. Wiggins

CEO

Anita Grossbard

COO

Rose de la Cruz

CFO

Policy Council

Officers

Mariama Barry: *President*

Aichata Sanagre: *Vice President*

Margarita Trujillo: *Secretary / Treasurer*

Kofee Dawson: *Community Representative*

Members

Maria Hidalgo

Nafisatu Tanko

Salimata Konate

Stephanie Martinez